

Rollercoaster

Take Care Tuesdays

Ages 12 to 17 years old

Times: 6.30pm till 8.30pm Cost 50p



January 2020

7th welcome back –open session

14th 21st & 28th Healthy life style

February

4th Healthy life style choices

11th Personal Health

18th - Closed for half term



March 2020

25th Crazy team games

3rd 10th 17th & 24th

Health Awareness Workshops

31st Friendship – Internet safety tips



April 2020

7th & 14th Closed for Easter

21st & 28th Healthy Cookery Skills

Other activities run alongside main program during session For more details contact

Julie Nurton on -07531432999